



Community Board High Wycombe

Action Group: Health and Wellbeing

Meeting date: 21 October 2021

ACTION NOTES

(high level notes for the purpose of tracking/monitoring activity)

Present: Julia Wassell, Andrea Baughan, Fay Ewing, Monica Bergh, Nicola Page, Louise Hunt, Arman Alam, Melanie Smith, Karen Bates, Colin Hingston, Charmaine Fyffe, Paul Turner, Arif Hussain, Mazamal Hussain, Mark Stokes, James Boulton, Amber Preen, Jenny Stokes, Shanthi Priyalatha

Apologies: Sophie Phillips, Teresa Meredith, Lesley Clarke

No	Topic	Lead
1	<p>Action and updates from previous meeting</p> <ul style="list-style-type: none"> Mental Health awareness days in October <p>The Young Minds and Mental Health Day stalls on 8/9th October, were very successful, with over 100 enquiries.</p>	Julia Wassell
2	<p>Student Wellbeing Week</p> <p>Student Week at the University on 1-5 November. The community board has a stall on Thursday 4 November, 11am – 2pm which will be next to the mental health awareness stall. Julia is trying to get Jeff Pegg from Community Safety to attend and will be handing out debit card wallets that prevent debit card scamming.</p>	Julia Wassell
3	<p>Health inequalities – CVD, Diabetes and Stroke update</p> <p>They are working with Arif and Mark in Aylesbury to move forward a workshop which will be the two community boards coming together to talk around cardiovascular and inequalities. The evening of 29 November has been penciled in and the workshop will be by invite only. Action: Louise to come back to the group after the workshop to share the information</p>	Louise Hurst, Public Health

	<p>They have also contacted the primary care networks that cover High Wycombe, who are keen to support.</p> <p>Louise spoke about the new case rates which are really going up across the whole country, particularly in school aged children but they are seeing a spill over into the kind of age groups that would be parents and grandparents. They are putting together in the Council teams, some comms to encourage people to get their booster jabs if and when they are eligible and for secondary school aged children to get vaccinated. They are also, encouraging those eligible for the flu jab, to take it up, as this winter has the potential to be quite a bad flu season which could have a massive impact.</p>	
4	<p>Community Cohesion pilot</p> <p>Melanie has been doing some work with Red Kite to see how they can get the maintenance of the Imbies Estate back on track. She highlighted the lack of community in that area and would like to do something about it and wondered if some sort of community cohesion scheme could be introduced. Any suggestions or ideas or team members in the council that could kick start a community initiative. She would also like to try and achieve some funding to be able to support this. Action: Melanie to contact to Nicky Pearson who already has a scheme up and running</p> <p>Action: The Health & Wellbeing action group will support Melanie and will visit the estate and help with litter picking, etc. Also, leaflets to be supplied to put through doors</p> <p>Paul indicated that he had already been looking at this area but emphasised that it would have to be managed extremely carefully to make it sustainable and to continue.</p> <p>‘Volunteer it Yourself’ was suggested by Monica as an organisation that maybe worth contacting.</p>	Melanie Smith
5	<p>Homelessness Update</p> <p>James indicated that homelessness is going to be quite bad this winter with the cost of living going up, the Universal Credit cut, the end of furlough and the end of the eviction ban. He has proposed an idea, that together with the council, to go back to something like ‘everyone in’ over the winter months. The proposal would be for something a little better with, activities, meals, substance abuse recovery groups being run.</p> <p>James would like to get volunteering back up and running as it was when the night shelter was run. They would like to get a</p>	Melanie Smith / Fay Ewing

	<p>volunteering coordinator in for six months to help and some funding towards marketing and communicating this.</p> <p>The application is for £8,134. The group were in full support of the project.</p>	
6	<p>Funding Applications</p> <ul style="list-style-type: none"> • Wycombe Homeless Connection <p>As above</p> <ul style="list-style-type: none"> • Wycombe Mind Hoarding project <p>Julia declared a non pecuniary interest.</p> <p>They ran a pilot project from January – August 2021 which was funded by the Red Kite Springboard fund. They supported 30 households who were experiencing complex challenges with their indoor and outdoor environments.</p> <p>Their bid to the Community Board would be for other social housing tenants, private rentals or homeowners. The referral pathways they would develop to access the service would be through NHS mental health staff and social workers from Buckinghamshire Council. They would support 30 vulnerable people over one year at a cost of £15,000.</p> <p>Arif suggested that another organisation be approached for additional/joint funding.</p> <p>The group were in support of the application.</p> <ul style="list-style-type: none"> • South Bucks Hospice <p>We are in discussions with them about raising the range of services.</p> <ul style="list-style-type: none"> • Hairoun Day Centre <p>This is for an Outreach worker for one year to deliver physical activities and some support around reducing social isolation.</p> <ul style="list-style-type: none"> • Wycombe Refugees <p>Application has now been received. Action: Fay to invite Stephanie from Wycombe Refugee Partnership to the next meeting to talk about the bid</p>	<p>James Boulton</p> <p>Jenny Stokes</p>

7	<p>New funding bids</p> <p>Seerah Today: This application was for support for muslim women around domestic violence and abuse. It's a scheme that Thames Valley Police have approached Seerah Today and asked if they would present a funding proposal and deliver a support service as a pilot.</p> <p>Mama Bee: Will present to the board at a later date their ideas for the funding.</p> <p>Defibrillator Scheme</p> <p>There has been some interest about defibrillators. The group would like to get a site in each ward for a defibrillator. Any bids would be matched by the British Heart Foundation. Action: Members have to the 30 November to identify a site should they want a defibrillator in their ward. Fay/Julia to send out an email</p> <p>Action: Julia to contact The British Heart Foundation to obtain some advice on siting a defibrillator</p>	Julia Wassell
8	<p>Any Other Business</p> <p>There will be a Community Board stall at the High Street lights switch on 18 November.</p> <p>Julia has secured 'Free Serves' funding of £500, plus a coach for a session for young people to try out tennis, from the British Lawn Tennis Association. Action: All – If your ward has a dilapidated tennis court or any space that is a nontraditional lawn tennis club, contact Julia or Mike Piggott at the British Lawn Tennis Association</p> <p>It was decided that a meeting will be held in November for just bid presentations.</p>	ALL
9	<p>Date of next meeting</p> <p>11 November 2021 - 1830</p>	